



For Immediate Release

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Orthopaedic Center at HMC And Specialist Get Teen Back on the Field

Harlingen – He has a love for the game of football that began when he was a young boy. Daniel J. Ramirez played in peewee football, played in his middle school football team, and as a sophomore played in the varsity football team at Harlingen High School, and is now a proud Harlingen Cardinal. But, a leg injury while playing at a school basketball game made him believe he was about to lose his chances of ever playing football again. That is, until he met with Orthopaedic Specialist, Dr. Jose A. Cobos.

“I remember we were playing a home game against the PSJA Bears. We were in the first half of the game and I jumped up for a block and when I came down I somehow landed the wrong way,” said Ramirez. “I tried to get up, but I couldn’t. I looked down at my leg and I could see that something was wrong with one of my bones. It was out of place.”



Daniel J. Ramirez is seen inside the student workout center at Harlingen High School, home of the Harlingen Cardinals.

It was in fact his tibia (the larger bone of the lower leg that extends from the knee to the ankle) that he had broken. The injury was so severe he had to be carried off the basketball court in a stretcher. Once the school athletic trainer reviewed the 16-year olds injury, it was clear he would require more than simple medical attention, he would require surgery.

“No one else crossed my mind in regards to caring for Daniel, except for Dr. Cobos,” said Missy Ramirez, Daniel’s mother. “I work in the healthcare field and I know the excellent reputation Dr. Cobos has. And, I know that he works with the team at Harlingen Medical Center, which has a reputation for providing superior care and service to their patients.”



Dr. Jose A. Cobos, Orthopaedic Specialist and Partner-In-Care of Harlingen Medical Center, seen here in a Surgical Suite at HMC.

Dr. Cobos, a Partner-In-Care of Harlingen Medical Center, is one of the leading orthopaedic specialists in the Rio Grande Valley. He is a Board Certified Physician and is a member of the American Board of Orthopaedic Surgery. His academic training includes a Spine Surgery Fellowship at the Institute for Spinal Disorders at Baylor College of Medicine, an Orthopaedic Trauma Fellowship at Baylor College of Medicine, an Orthopaedic Surgery Residence, a General Surgery Internship and an Infectious Disease Fellowship at the University of Texas Medical Branch. He is a graduate of the La Salle University – School of Medicine in Mexico

City.

“I have the utmost respect for Dr. Cobos. My family is indebted to him because he helped save my brother-in-laws leg back when he was living in Galveston and when Dr. Cobos was practicing there,” said Mrs. Ramirez. “We were very familiar with Dr. Cobos and his work back then and we are even more familiar with his excellent work today. And, my husband Mike and I appreciate Dr. Cobos and the Harlingen Medical Center staff for caring for our son.”

The nationally recognized and award-winning hospital is now home to The Orthopaedic Center at Harlingen Medical Center, which offers specialized care to patients like Daniel. The orthopaedic center offers a full range of orthopaedic services to help relieve pain and restore activity to a patient’s active lifestyle.

The Orthopaedic Center at Harlingen Medical Center is staffed by Board-Certified Physicians and clinical staff who specialize in hip and knee, including reconstruction and total joint replacement, arthroscopic surgery, sports medicine and pediatric orthopaedics, surgical and non-surgical treatment of the spine, trauma and fracture care, hand, shoulder and upper extremity, foot and ankle.

The orthopaedic center features private suites designed and equipped for every stage of treatment. A nursing staff that is crossed-trained and can perform several different tasks while providing quality care. A nursing care team that is assigned to a patient to provide consistent and familiar care. And, decentralized patient services located close to the patient's room, which aides in minimizing patient transport throughout the hospital.

"The Orthopaedic Center at Harlingen Medical Center, and Harlingen Medical Center in general, is a splendid place to work and care for patients," said Dr. Cobos. "The facility is very well equipped to handle care for my patients, like Daniel Ramirez, and it is comforting to know that when I am not with my patients they are in the care of some of the finest clinical staff in healthcare."

"The Harlingen Medical Center team was fantastic. They came to my son and always asked him if he needed anything," said Mrs. Ramirez. "Every time a nurse came into Daniel's room they explained what they were about to do. They were very thorough in their care. If you could call a hospital a home, where they made you feel at ease. This was the place. Harlingen Medical Center was great!"

After the surgical procedure to repair his tibia, a three-month rehabilitation program that included the use of crutches, physical therapy and rest, Daniel is back in the game, literally. He will return to Harlingen High School this fall as a junior and a member of the Harlingen Cardinals varsity football team.

"Dr. Cobos is a man of his word," said Daniel. "He told me that he would take care of me and he did. He told me that he would get me back to playing football and he did. I am grateful for everything he's done to help me get back to my normal self. And, I am grateful to the staff at Harlingen Medical Center. They were great!"

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Harlingen Medical Center is redefining the way healthcare is delivered throughout the Rio Grande Valley! HMC is a general acute care hospital led by physicians specializing in bariatric, cardiac surgery, cardiology, emergency, gastroenterology, internal medicine, neurology, obstetric and gynecology, orthopaedic, orthopaedic surgery, pediatric, vascular & endovascular surgery, and wound healing care.

*Harlingen Medical Center is leading the way in promoting the best in patient care, striving to achieve better outcomes, and making available advanced treatment options. Our **mission** is to improve clinical outcomes for cardiac patients through a physician, patient focused approach.*